



**SCOTTSDALE
COMMUNITY COLLEGE**

A MARICOPA COMMUNITY COLLEGE

Course Information

Course Title: **Beginning Pickleball**
Course Prefix & Number: **PED101PB (Second 8 Weeks, Fall 2022)**
Section Number: **34864**
Credit Hours: **1**

Course Format

The course format is Face to Face on the SCC Pickleball Courts to the west of the Fitness Center, (second 8 weeks of the Fall Semester). There are four (4) assignments on Canvas. Class meets on Wednesdays, 10:30-11:50am. Start date is Wednesday, October 26th. End date is Wednesday, December 14th.

Instructor Information

Instructor: Dr. David A. Brown (Dave)
Email: david.a.brown@scottsdalecc.edu
Phone: 480.423-6617
Office Location: PE148
Office Hours: M-F, 12-1:30pm

Course Description

Basic skills and game strategy of beginning pickleball. Class emphasis on competition and drills.

Course Objectives

Learn the basics of Pickleball; serve, return of serve, two bounce rule, non-volley zone, scoring, grip, ready position, forehand/backhand strokes, lobs, overhead, footwork . . .

Rules of the Pickleball Court:

1. Class begins with a few minutes of stretching and warm up.
2. Wear a hat and court shoes, use sunscreen and stay hydrated.
3. If you have a chronic condition, an injury, or balance issues, talk to your doctor about how you can exercise safely.
4. Exercise and participate at your own pace and comfort level.
5. Follow posted safety policies.

Students will perform the fundamental, beginning skills of pickleball with proper body mechanics and adherence to health and safety standards. Perform the activity as dictated by the rules and traditional standards limited only by personal capacities. Continue performing or learning the activity according to personal motivations and goals.

Grading

Attendance will be taken at each class. Please consult with the instructor if you will be missing class. Your grade will be determined by your attendance, positive participation and completion of the four (4) take home assignments.

Course Policies

Instructors are expected to be professional, courteous, respectful and empathic to students. They will: Begin and end class on time, Be prepared for each class session, Provide academic feedback and grade assignments in a timely manner, Be available for individual consultation, Clarify assignments and inform students of any adjustments to the class schedule. Students are expected to be reflective, courteous, respectful and empathetic to classmates, instructor and other college staff assisting in their learning. Students are expected to arrive on time for class and remain until class has ended. The instructor should be notified in advance if there is a need to leave early. Students will be expected to: Provide their own paddle and court attire, Mute mobile phones and pagers before entering courts, Be in class and be on time, Be prepared for class sessions, Participate in class activities, Follow instructions and complete assignments, Keep up with and turn in assignments by due dates, Put forth their best efforts, Ask questions when they don't understand, Maintain knowledge of their grade status, Contact instructor right away about concerns or situations that may interfere with their success in class, Comply with policies found in the SCC Catalog and SCC Student Handbook, Read and adhere to the court policies posted near the court gate.

Class Schedule (subject to changes)

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| Week #1 | Wednesday, October 26th, 10:30-11:50am. Stretching and warm up. Introduction to class, names, basic court positioning, doubles and singles play. |
| Week #2 | Wednesday, November 2nd, 10:30-11:50am. Stretching and warm up. Serve, return of serve. |

- Week #3 Wednesday, November 9th, 10:30-11:50am. Stretching and warm up. Two bounce rule, non-volley zone. Take home assignment #1 due.
- Week #4 Wednesday, November 16th, 10:30-11:50am. Stretching and warm up. Scoring, grip, ready position.
- Week #5 Wednesday, November 23th, 10:30-11:50am. Stretching and warm up. Forehand/backhand strokes. Take home assignment #2 due.
- Week #6 Wednesday, November 30th, 10:30-11:50am. Stretching and warm up. Lobs, overhead, footwork.
- Week #7 Wednesday, December 7th, 10:30-11:50am. Stretching and warm up. Tournament play. Take home assignment #3 due.
- Week #8 Wednesday, December 14th, 10:30-11:50am. Stretching and warm up. Take home assignment #4 due. Tournament play.

Students are responsible for the information contained in this syllabus, the Syllabus page in your Canvas course and the **College Policies & Student Services** page found in the First Steps module of your Canvas course. Students will be notified by the instructor of any changes in course requirements or policies.