

Course Information

Semester & Year:	Fall 2024
Course Title:	Introduction to Psychology
Course Prefix & Number:	PSY-101
Section Number:	12194
Credit Hours:	3
Start Date:	8/19/2024
End Date:	10/11/2024
Course Format:	Online Format, no In-person Meeting

Course Format

The format for this course is **online**. This course is a 3-credit course. If this course were conducted only in a face-to-face classroom, it would be scheduled for 45 clock hours and students are expected to commit at least 90 additional hours for reading, writing, research, and completing assignments. In a online course, all course material is delivered through asynchronous online activities, discussions, and assignments. The time for research, writing, and other assignments is also needed. Please be aware that this equates to approximately 135 hours during the term, divided by the number of weeks the course meets.

Instructor Information

Shana McCalla, MS PSY
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480-423-6032
SBE 119
Mondays: 11:00-12:15pm (8/20-10/18); 9:00-10:15am (10/23-12/13)

Tuesdays: 10:30-11:45am

Wednesdays: 11:00-12:15pm (*8/20-10/18*); 9:00-10:15am (*10/23-12/13*)

Thursdays: 9:15am-10:30am (Virtual, Appointment Only)

Course Description

Overview of the study and methods of psychological science. Includes an introduction to subfields such as biopsychology, learning, memory, development, social, and psychological disorders.

Prerequisites

Prerequisites: None

Course Competencies

- 1. Describe the scientific method and how it is used to answer psychological questions about human thought and behavior.
- 2. Distinguish between the science of psychology and parapsychological, pseudoscientific, or popular representations of psychology that fall outside the scope of science.
- 3. Critically evaluate information to help make evidence-based decisions.
- 4. Apply biopsychosocial principles to real world situations.
- 5. Use psychological principles to explain the diversity and complexity of the human experience.
- 6. Identify brain structures and how neuroscientific processes play a role in human thought and behavior.
- 7. Describe basic principles of consciousness, sensation, and perception.
- 8. Define personality and identify some of the fundamental debates in the study of personality, including the person–situation debate.
- 9. Recognize and define three basic forms of learning: classical conditioning, operant conditioning, and observational learning.
- 10. Describe cognitive processes including those related to learning, language, and intelligence.
- 11. Analyze and explain how motivation and emotion affect, and are affected by, human behavior.
- 12. Demonstrate an understanding of human development across the lifespan.

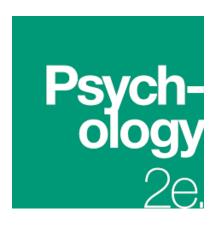
- 13. Identify the major categories of psychological disorders and therapeutic approaches to their treatment.
- 14. Discuss how the behavior of an individual is directly influenced by other people, groups, and social environments.
- 15. Explain gender identity, sexual orientation, sexual functioning, and sexual behavior.

Texts and Course Materials

- Textbook: Psychology, 2e
- Author: Openstax
- Publisher: Open Stax College
- **ISBN:** 9781975076450
- Cost: Free

We will be using an OER textbook (OER stands for Open Educational Resource). The textbook is FREE when accessed using the PDF or website/online. To access the textbook, go to: <u>https://open.maricopa.edu/intropsych/</u>

- 1. Click on "Read Book"
- Click on "Contents" (top left corner) ---> "I. Main Body" plus sign (+) and choose the appropriate chapter (1-16).



Occasionally you will have supplemental readings. They will be listed in Canvas within the course modules. Please keep up on your reading from the textbook by observing the syllabus and Canvas regularly. In addition to the course textbook, there may be other media or literature for supplemental class material. Failure in reviewing the syllabus and Canvas regularly will affect your ability to participate in class and, therefore, will affect your grade. Be consistent in visiting and reviewing the Canvas course website on a daily basis.

Course Technologies

View the <u>Accessibility Statements & Privacy Policies</u> of technologies used in this course.

Maricopa Systems

This course uses key Maricopa systems for course management and communication.

- Canvas Learning Management System
- Student Maricopa Gmail Account
- Maricopa Open Educational Resource Learning System (MOER)

Third-Party Learning Tools

In this course, we will use Canvas as the Learning Management System and LockDown Browser as a web-based 3rd party tools to complete or participate in assignments, activities and/or access course materials. This tool has been embedded into Canvas.

Students may use Animoto, Quizzizz, Screencast-o-matic, Kahoot, PearDeck, social media platforms or other video/presentation software for the course as well. For some tools, students may be required to establish a username or password, submit work and/or download information from these tools. There is, therefore, some risk that individuals electing to use the products and services made available by these tools may place any student information shared with the tool vendor at risk of disclosure.

Streaming Media/Audio/Video Tools

This course uses webcasting, lecture capture systems, YouTube, and/or other streaming media services.

- YouTube
- Kanopy
- Netflix/Hulu
- Films on Demand

Student Assignment Tools

This course requires students to participate in or submit assignments using desktop or cloud-based applications.

- Google Products
- Microsoft Office 365

- ScreenPal
- Adobe Creative Cloud

All students attending a Maricopa Community College are assigned a new Gmail account. To get started, using your MEID and password, you can access to your Maricopa student email account at <u>google.maricopa.edu</u>. Your Maricopa student email account starts with your MEID and ends with "@maricopa.edu." Maricopa Enterprise IDs have the format of either "XXX9999999" or "XXXXX999999" where "X" is a letter and "9" represents a number. CGCC uses this official student email to send information concerning class enrollment, financial aid, tuition, and other important student information.

If it has been more than a year since you last used your MEID, then you will need to reactivate it and reset your password. If you have used it within the last year and have forgotten your password, then you can do a self-service password reset. This <u>MEID</u> page has instructions for reactivating your MEID and resetting your password. <u>Student Email and Sign-In Help</u> is also available.

In addition to the Google Tools that come along with your email account, Maricopa Community Colleges provides a <u>variety of tools</u>, including Microsoft Office 365, to every current student free of charge. Find instructions at <u>maricopa.edu/students/technical-support/microsoft-365</u>.

Exam Proctoring Tool

Respondus LockDown Browser

This course requires the use of LockDown Browser for online exams, tests or quizzes in Canvas. Watch this short video Introduction to Respondus LockDown Browser for Students to get a basic understanding of LockDown Browser. Make sure to plan ahead. Do not wait until the last minute to download the necessary software or test your equipment!

Respondus LockDown Browser secures online exams by locking down the testing environment within Canvas. LockDown Browser prevents access to other applications, and many common functions on a computer while an assessment is active. Some of the exams in this course require the use of this software. A LockDown Browser download link will be provided within the Canvas course. For further information, see the <u>Student</u> <u>Resources</u> page provided. For your reference, read the <u>System Requirements for</u> <u>LockDown Browser</u> and <u>LockDown Browser Terms of Use</u>. Please note that Respondus LockDown Browser with Monitor requires a room scan prior to all testing sessions.

Download and install LockDown Browser from this link: <u>http://www.respondus.com/lockdown/download.php?id=723113063</u>

Note: Do <u>not</u> download a copy of LockDown Browser from elsewhere on the Internet; those versions won't work at our institution. To take an online test, start LockDown Browser and navigate to the exam in Canvas. (You won't be able to access the exam with a standard web browser.)

Plagiarism Checker Tool (Turnitin)

Turnitin is a plagiarism check tool that matches text to a vast database of sources including the internet, published works, commercial databases and student work submitted to Turnitin in institutions internationally. Students must submit designated papers to Turnitin when instructed. Information and instructions for Turnitin are provided in the course. For your reference, read the <u>Turnitin Terms of Service</u>.

Course Policies

The following are policies specific to this course. Students are also responsible for the college policies included on the <u>Student Regulations</u> page of the Maricopa Community College District website.

Conduct

You are expected to treat your instructor and your fellow classmates with respect. In all correspondence, whether communicating in person or online, you should show respect for the viewpoints of others who may disagree with you or see things from a different perspective. Criticizing, ridiculing, insulting, or belittling others will not be accepted. Keep in mind that electronic communications do not have the advantage of nonverbal cues that are so much a part of interpersonal communication. Humor or satire can sometimes be misinterpreted in strictly electronic communication forums.

Expectations for a Positive Learning Environment

<u>Instructors</u> are expected to be professional, courteous, respectful, and empathic to students.

- 1. Provide students with material that acquaints the student with each course competency
- 2. Be prepared for each class module.

- 3. Provide academic feedback and grade assignments in a timely manner, usually within one week.
- 4. Be available for individual consultation.
- 5. Clarify assignments and inform students of any adjustments to the class schedule.

<u>Students</u> are expected to be reflective, courteous, respectful, and empathic to classmates, instructors, and other College staff assisting in your learning.

- 1. Attend class (through Canvas) consistently each week (aka regularly submitting assignments)
- 2. Be prepared for class assignments by reviewing course material.
- 3. Follow instructions and complete assignments.
- 4. Keep up with and turn in assignments by the due dates.
- 5. Put forth your best effort.
- 6. Ask questions when you do not understand.
- 7. Maintain knowledge of your grade status.
- 8. Contact instructor right away about concerns or situations that interfere with your success in class.

Comply with policies found in the College catalog and student handbook.

Netiquette

Netiquette refers to the rules of behavior in an online environment and/or electronic communication. In this course, please follow the below guidelines.

- 1. Show professionalism and courtesy in all communications.
- 2. Address others as they have requested, using appropriate names and pronouns.
- 3. No one else should be given access to the course (Canvas content or class meetings) without the faculty member's advance written permission.
- 4. Do not use the words or text from others without acknowledging the source. This includes respecting privacy in course content and not making or sharing screen captures of things that others have shared without prior permission.
- 5. Humor can easily be misinterpreted within the online environment; please be cautious with the use of humor and use emoticons to help prevent misunderstandings. :-) :-(
- Adhere to the same behavioral standards as you would in a face to face classroom and as is specified in the SCC Catalog & Student Handbook and <u>MCCCD Student Conduct Code.</u> This includes speech and behavior on social media, as outlined in MCCCD's <u>Social Media Best Practice</u> <u>Guidelines</u> for students.
- 7. Avoid typing in all capital letters; in the culture of cyberspace, all caps are used similarly as if you are 'yelling'.

- 8. Respect other people's time and contribute thoughtful comments and ideas to the discussions rather than simply making statements such as 'I agree'.
- 9. Use correct spelling and grammar. Avoid the use of unusual abbreviations and use spell check to review the spelling of your communications.
- 10. When presenting yourself online, such as in your Canvas profile text and avatar images, use the same standard of professionalism in educational settings as you would want viewed by future employers or the public.

Generative Artificial Intelligence (AI) Policy

Opening Statement Regarding Generative Artificial Intelligence (AI)

The World Economic Forum defines generative AI as "a category of artificial intelligence (AI) algorithms that generate new outputs based on the data they have been trained on. Unlike traditional AI systems that are designed to recognize patterns and make predictions, generative AI creates new content in the form of images, text, audio, and more."

Some examples of generative AI tools include but are not limited to: ChatGPT, Google Bard, Microsoft Copilot, Stable Diffusion, GrammarlyGo, and Adobe Firefly.

No Generative Artificial Intelligence (AI) Allowed

In this class, all work submitted must be your own. The use of generative AI tools will be considered academic misconduct (see Administrative Regulation 2.3.11 1.B(b)) and will be treated as such. If you are unsure if the tool or website you are using is a generative AI tool, please contact the instructor for further clarification before using the tool or website.

Response Time

I ask students to use the Inbox within Canvas to contact me. If Canvas is down or you need an alternative email, you can use my SCC email address. Be sure to label all messages as Course Prefix/Number, followed by a brief subject description.

• I prefer Canvas Messaging over email.

I will respond within 24 hours Monday through Friday (by noon). If I am working on the weekends and holidays, I will respond within 48 hours.

Send me a message in Canvas with general interest to the class, specific questions about the class, or regarding personal matters. Do not hesitate to contact me whenever you have concerns about your progress, or if you need help. I would urge you not to wait until the last minute for any questions or concerns.

Generally, smaller assignments will be graded within one week and larger assignments will be graded within two weeks from submission.

Civility & Respect:

You are expected to treat your instructor and your peers with respect. Please use proper titles with College faculty and staff. **You may address me as Shana, Shana McCalla, or Instructor/Professor McCalla**. Mrs., Ms., and Miss all relate to assumed hetero-normative marital status for female faculty, which is irrelevant to one's occupational status.

*Please do not put Mrs., Ms., or Miss before my name when addressing me. *

My Preferred Pronouns: They/Theirs/Them

Major Assignments & Activities

This course consists of 8 modules over 8 weeks. Each module provides material to approximately 1-2 Chapters from the textbook. Due to this course being fully online, it is very important that you stay on top of reviewing all Module material, submitting all assignments by their due date, and coming to me if you have any questions/concerns. It is important that you also check the course Announcements (located in Canvas; left-hand side of page). There you will find time-sensitive information, reminders, and changes.

• <u>I will be communicating with the class mostly through Canvas</u> <u>Announcements.</u>

Participation & Preparation:

If this course were attended fully in person, it would meet 2.5 hours/week and have additional time needed for homework (4-6 hrs/week). You should plan time accordingly. Participation in this online course is important to your grade and to your learning. You are expected to participate cooperatively, constructively, and to the best of your ability in all online and in-person activities. To participate, you must be prepared.

Students are expected to complete the weekly course assignments & actively participate through any online discussions, if presented in the course.

Syllabus Acknowledgement:

The syllabus serves as a contract between you and me. Thus, it is important that you have read and understand all the material. In addition to reviewing the syllabus once, it is strongly recommended that you read it again. The Syllabus Acknowledgement will be completed in Canvas within the first week of class. Late submissions will be accepted within 48 hours of due date and will receive a minimum of 3-point deduction.

- You must complete the Syllabus Acknowledgement on 8/23/2024 by 12pm (noon) to remain in the course. If it is not completed, you may be dropped from the course.
- The Syllabus Acknowledgement is worth 10 points total.

Weekly Assignments:

The weekly assignments are DBA submissions and Chapter Quizzes.

Discussion Board Assignments (DBA):

DBAs are used in place of the interaction normally had in an in-person course. DBAs are an opportunity to share your understanding of the psychology concepts with your classmates to build community. It is strongly recommended to complete the weekly activities & readings prior to completing the DBA. See Canvas for grading rubric.

*It is important to note that there may not be a DBA every week of the course. *

- DBAs consist of *TWO* parts: *Individual Response* due Wednesday @ 11:59pm & *Feedback* due Friday @ 11:59pm AZ time.
- Each DBA is worth 10 points (7 total), a total of 70 points for the semester.

Chapter Quizzes:

The majority of your learning will be coming from the textbook and/or video material posted on Canvas. The Chapter Quizzes are multiple-choice and true/false questions. The Chapter Quizzes will be on Canvas. See Canvas for details.

- Chapter Quizzes are due Sundays before 11:59pm AZ time.
- Chapter Quizzes are worth 10 points (12 total), a total of 120 points for the semester.

Psychology Reflection Paper:

The cumulative assignment for this course will be a Psychology Reflection Paper. Your task is to reflect—from a psychological perspective—on terms that were learned through our course material. Details and grading rubric will be provided on Canvas closer towards the end of the semester. The project consists of the following:

• Total of 40 points for the semester.

Extra Credit:

Opportunities to earn extra credit may be provided but are not guaranteed. For each opportunity, you will complete **a one-page (roughly 300-400 words), typed, double-spaced paper** describing your experience and applying it to psychology to earn up to ten (10) points extra credit. No late submissions will be accepted. See Canvas for more details. **Maximum extra credit earned is 3<u>0 points</u>; no exceptions.**

NOTE: You can access everything you need for each week's work from within the module.

Grading Standards & Practices

Grading will be based on a cumulative score of **the assignments described above**. Total possible points in this course are **240 points**.

Grading Rubrics are provided for the DBAs and the Psychology Reflection Paper. See Canvas for details, rubrics, and late submission policies for each activity.

*Generally, smaller assignments will be graded within one week and larger assignments will be graded within two weeks from submission. *

Graded Assignments

Assignment Name	Points	Percent of Grade
Syllabus Acknowledgement	10	4%
Discussion Board Assignments (DBAs)	70	29%
Chapter Quizzes	120	50%
Psychology Reflection Paper	40	17%
TOTAL:	240	100%

Grade Scale

Letter Grade	Percentage	Points Range
A	90 – 100%	216 – 240
В	80 - 89%	192 – 215
С	70 – 79%	168 – 191
D	60 - 69%	144 – 167
F	0 – 59%	0 – 143

Attendance Policy

For first day attendance policy, you <u>must</u> log into the Canvas Course by Monday (8/19/2024) night of Week 1 or you are at risk for being dropped without notice.

As per college policies, students are expected to attend classes (virtually). The faculty member has the option of withdrawing a student who has accumulated unofficial absences more than the number of times a class meets per week.

Attendance is essential to achieving course objectives. Attendance in this online course is **regular activity on Canvas**. Regular activity means logging into Canvas **at least twice per week AND completing at least two (2) weekly assignments (i.e., quiz, DBA, etc.)**. If you have a week-long period without any activity (i.e., do not a complete quiz, DBA, etc.), and without notifying the instructor, this will also be considered an absence. You must complete both weekly assignments for each week, if only one weekly assignment is completed for the week, this will be considered an absence.

In accordance with college and district policies, students are expected to attend and be actively engaged in their classes. In this course, students are allowed a maximum of **four (4)** unexcused absences; after the **fifth (5th)** unexcused absence, a student may be withdrawn from the course by the instructor. MCCCD Administrative Regulation 2.3.2 provides additional details on what is considered an official absence, and procedures for handling make-up work for approved exceptions.

It is a student's responsibility to withdraw using their <u>Student Center portal</u> if they become unable or choose not to complete a course. After the student-initiated withdrawal deadline, which can be found in your class schedule, you must request in writing that your instructor withdraw you with a grade of "W" (not calculated in the GPA).

Please be aware that faculty are not obligated to approve your withdrawal request after the deadline. If the request is not approved, you will remain in the course. If a student remains and does not meet course requirements, this may result in receiving an "F" or "Y" for the course.

Before dropping, it is strongly recommended that students visit the Financial Aid office to discuss the possible impacts of course withdrawal regardless of whether it is student-initiated or instructor-initiated. Students who are on a payment plan and withdraw after the refund deadline are still be expected to pay the full amount for the class even if no longer enrolled; students receiving Federal Financial Aid may be required to repay money and/or lose future funding eligibility if they do not maintain Satisfactory Academic Progress. Honors students dropping below the minimum enrollment requirement may lose scholarships, even if they are passing all remaining courses. Better to ask first and know your options!

Last Day of Attendance:

SCC is a "term-based" institution, requiring weekly academic activity in an online course. For the purposes of disbursing federal financial aid, faculty must report the last date of attendance (LDA) in the event of a student withdrawal or course failure. To determine an LDA, faculty must ensure students engage in academic activity on a weekly basis. Examples of academic activities include:

- Submitting an academic assignment (assignment required in the class, regardless of whether it is graded or not), paper, or project,
- Taking an exam, quiz, computer-assisted instruction, or an interactive tutorial required by the class,
- Participating in an online study group (where there is assigned attendance/participation as part of the class),
- Initiating contact with the instructor to ask a question about the academic subject studied in the class.

Simply logging in to an online class does not constitute academic activity.

Students interested in working ahead in a class should consult with their instructor as academic activity must still be recorded in every week of the class.

Tentative Course Calendar

Module	Date	Class Content	Reading	Assignments
1	8/19/2024	Introductions & Expectations of Course Chapter 1: Introduction to Psychology Chapter 2: Psychological Research	Syllabus & Course Content Chapters 1 & 2	Syllabus Acknowledgement DBA #1 Chapter 1 & 2 Quiz
2	8/26/2024	Chapter 3: Biopsychology Chapter 4: States of Consciousness	Chapters 3 & 4	DBA #2 Chapter 3 Quiz Chapter 4 Quiz
3	9/2/2024	Chapter 6: Learning	Chapter 6	DBA #3 Chapter 6 Quiz
4	9/9/2024	Chapter 7: Thinking & Intelligence Chapter 8: Memory	Chapters 7 & 8	DBA #4 Chapter 7 Quiz Chapter 8 Quiz
5	9/16/2024	Chapter 10: Emotion & Motivation Chapter 14: Stress, Lifestyle, & Health	Chapters 10 & 14	DBA #5 Chapter 10 & 14 Quiz
6	9/23/2024	Chapter 9: Lifespan Development Chapter 11: Personality	Chapter 9 & 11	DBA #6 Chapter 9 Quiz Chapter 11 Quiz
7	9/30/2024	Chapter 12: Social Psychology	Chapter 12	DBA #7 Chapter 12 Quiz
8	10/7/2024	Chapter 15: Psychological Disorders Chapter 16: Therapies & Treatment Psy. Reflection Paper due 10/9	Chapters 15 & 16	Chapter 15 Quiz Chapter 16 Quiz

All assignments are due by 11:59pm AZ time on their due date

Instructional Contact Hours (Seat Time)

This is a three (3) credit-hour course. Plan to spend at least three hours on course content or seat time (direct instruction) and six hours on homework weekly. Accelerated courses will require additional time per week.

Online Tutoring

SCC's tutors are available online to help with your courses. You may work with an SCC tutor remotely using Google Meet, your phone, or email. Visit the <u>Tutoring & Learning</u> <u>Centers</u> page for detailed information on the five learning center's hours and procedures.

As much as possible, it is highly recommended that you utilize SCC tutors since they are more familiar with SCC coursework, instructor expectations, and assignments; however, if you need to work with a tutor outside regular hours, online and hybrid students now have access to a 24/7 online tutoring service called Brainfuse. Brainfuse provides online tutoring in a variety of academic subjects. Each student may utilize up to 6 hours of online tutoring through Brainfuse per semester, and has the option of requesting additional time if needed.

To access Brainfuse and begin working with a tutor:

- 1. Visit the <u>SCC Online Tutoring Services Through Brainfuse</u> page (https://www.scottsdalecc.edu/students/tutoring/online-tutoring)
- 2. Click the Visit a tutor online button
- 3. Enter your MEID and password
- 4. Choose your topic and subject
- 5. Click the **Connect** button

Please use your time effectively and be prepared with your questions before you connect to a tutor. Tutors and students communicate in real-time so whatever you type, draw, or share on the screen, the tutor sees, and vice versa. You may also want to have screenshots ready if applicable. All Brainfuse sessions are recorded for review later.

Learning Tools and Your Privacy and Security

SCC utilizes a variety of software applications and web-based tools operated by third party vendors to support student learning. To allow student access to the application, site or tool, certain identifiable information may be required to establish a user name or password, and submit work and/or download information from these tools. Inherent with

all internet-based tools, there is a risk that individuals assume when electing to use these tools, as they may place information at risk of disclosure.

To use learning tools responsibly, please observe all laws and the Maricopa Community College District <u>Student Conduct Code</u>, such as copyright infringement, plagiarism, harassment or interference with the underlying technical code of the software. As a student using a learning tool, you have certain rights. Any original work that you produce belongs to you as a matter of copyright law. You also have a right to the privacy of your educational records. Your contributions to learning tools constitute an educational record. By using the tool, and not taking other options available to you in this course equivalent to this assignment that would not be posted publicly on the internet, you consent to the collaborative use of this material as well as to the disclosure of it in this course and potentially for the use of future courses.

Students are responsible for the information contained in this syllabus, the Syllabus page in your Canvas course and the **College Policies & Student Services** page found in the First Steps module of your Canvas course. Students will be notified by the instructor of any changes in course requirements or policies.